

Active Parenting classes are here to help!

If you have a child, chances are you've had your fair share of challenging days. Join our fun and interactive classes!

Active Parenting Classes can help you:

- Balance discipline with affection
- Praise your child's good behavior
- Reduce problem behaviors
- Minimize power struggles
- Communicate effectively
- Challenges of COVID-19 and its impact on parenting

Classes available at **no cost to Orange County parents** and caregivers.

Class size is limited. *Pre-registration is required.*

For registration and Zoom information, please call or email Parent Educator:

Katerina Cadlaon,

Katerina-Cadlaon@olivecrest.org
714-361-4379

Parenting Class via ZOOM (Classes will be held in English.)

Join us from the comfort of your home with your smartphone or computer

Schedule: Mondays, 5:00 p.m. – 7:00 p.m.

October: 5, 12, 19, 26 | November: 2, 9

Topics for School-Aged Children

Session 1 - The Active Parent

Session 2 - Cooperation & Communication

Session 3 - Responsibility & Discipline

Session 4 - Building Courage & Self-Esteem

Session 5 - Understanding and Redirecting Misbehavior

Session 6 - Active Parenting for School & Graduation

Session 7 - Putting It All Together, Q&A



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To **RSVP**, email your name, mobile phone number, and date of parenting class to minniestreetfrc@factoc.org or call **(714) 972-5775**

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Join us from the comfort of your home with your smartphone or computer

Minnie Street Family Resource will offer 2 Active Parenting courses in English on the following days:

- 1) **Thursdays, October 8—November 19, at 5:30 pm—7:30 pm**
- 2) **Thursdays, April 22—June 3, at 5:30 pm—7:30 pm**

Questions? Call Parenting Educator, Phuong Nguyen, at 714.361.4374

Topics for School-Aged Children

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- Session 6 - Active Parenting for School Success
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Schedule: Wednesdays, 5:00 p.m. – 7:00 p.m.

October: 14, 21, 28 | November: 4, 11, 18

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Parenting Class via ZOOM (Classes will be held in English.)

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Schedule: Tuesdays, 5:00 p.m. – 7:00 p.m.

October: 20, 27 | November: 3, 10, 17, 24

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